

Physician calls in to the LifeBridge number



Call center takes basic information and identifies a coach to connect with



Physician is given the coach's contact information to connect

Coach will connect with physician if no contact made within 24 hours



Physician and coach meet



A physician may call in for any number of reasons including:

- Work/Life balance
- Finding meaning in work
- Personal growth and development
- Work or family stressors
- First medical malpractice
- Burnout

Completely Confidential

- No electronic medical record created
- No reporting to employer
- No reporting to medical board or licensure



Each step in this process is adaptable to the physician's needs, including:

- Length of sessions
- Number of sessions
- How to meet (in-person, phone, virtually, text, email)
- When to meet

1-888-569-2036



Physician completes satisfaction survey

